

## FRESH START FOODS UPDATE

OH, DEAR! (or rather, “Oh, DEER!”)

Our Fresh Start Food garden is feeding more than we expected! The deer, rabbits and other outdoor inhabitants have enjoyed the fruits—and vegetables—of our labor, so much that there is hardly anything to sell at market.

New crops have been rotated in, and more “barriers” have been put in. We do not have defined days as of the submission of this newsletter to the printer but we will soon be selling at the market. Keep your eyes open for us!

*To touch the earth is a prayer.*

*To dig the earth is a prayer.*

*The dirt on my hands is sacred.*

*The light that falls on my face is sacred.*

*My prayer is my being.*

*(Native American saying)*