

HUNGER WALK FRIENDS

Invite those who may not be able to participate on race day to support the Hunger Walk with a tax-deductible donation. Just use this donation form.

NAME _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____

| DONOR'S NAME | AMOUNT |
|--------------------------|----------|
| 1. _____ | \$ _____ |
| 2. _____ | \$ _____ |
| 3. _____ | \$ _____ |
| 4. _____ | \$ _____ |
| 5. _____ | \$ _____ |
| 6. _____ | \$ _____ |
| 7. _____ | \$ _____ |
| 8. _____ | \$ _____ |
| 9. _____ | \$ _____ |
| 10. _____ | \$ _____ |
| 11. _____ | \$ _____ |
| 12. _____ | \$ _____ |
| 13. _____ | \$ _____ |
| 14. _____ | \$ _____ |
| 15. _____ | \$ _____ |
| TOTAL COLLECTED \$ _____ | |

My additional donations were collected to benefit this agency:

St. Leo Food Pantry

To identify an agency you'd like to help, please refer to the list of agencies at

cincinnati hungerwalk.org

FREESTORE FOODBANK

Freestore Foodbank is the largest emergency food and services provider to children and families in Greater Cincinnati, Northern Kentucky and Southeast Indiana. The organization distributes more than 27 million meals annually to low-income individuals and families. Freestore Foodbank supports more than 450 community partners in 20 counties throughout Kentucky, Ohio and Indiana, including including food kitchens, homeless shelters, emergency food pantries, program sites and social service centers. By providing emergency food distribution, Freestore Foodbank responds to the issue of poverty and food insecurity in our community and provides an array of services (emergency clothing, housing services, SNAP assistance, Medicaid outreach and others) aimed at creating self-reliance. Freestore Foodbank is a charter member of Feeding America.

Visit www.freestorefoodbank.org for more information.

WHO YOU HELP

By participating in this event, you are helping support a network of nonprofit agencies working to serve our neighbors.

Agencies participating in this year's event, are listed on our website:

cincinnati hungerwalk.org



FOOD • CONNECTION • HOPE

4 WAYS TO REGISTER ONLINE

Visit cincinnati hungerwalk.org to register using a credit or debit card.

MAIL

Send your entry form and check to:
Freestore Foodbank Hunger Walk
 1141 Central Parkway, Cincinnati, Ohio 45202

PHONE

Call us at **513-482-4501** to register using a credit or debit card.

RACEDAY

Visit the **Registration Booth** at THE BANKS.

Credit or debit card registration available by phone and internet until 2pm on May 24.

HUNGER
WALK & 5K RUN
 TOGETHER WE CAN SOLVE HUNGER

HUNGER WALK & 5K RUN



FOOD • CONNECTION • HOPE

Kraft Heinz



cincinnati hungerwalk.org

2019 RACE SCHEDULE HUNGER WALK & 5K RUN

SATURDAY

MAY 25, 2019
10 a.m. - 3 p.m.
 Packet Pick-up and Grill Out with the Hunger Walk Crew
 Freestore Foodbank
 Mayerson Distribution Center
 1250 Tennessee Avenue, Cincinnati, OH 45229
 Phone: 513-482-4501

MONDAY

MAY 27, 2019 RACE DAY AT THE BANKS
7:00 - 8:55 a.m.
 Registration & Packet Pick-up
9:00 a.m.
 Race Begins: Runners & Walkers Step Off
9:15 a.m.
 Post-Race Party begins



AWARDS

In order to facilitate a more enjoyable post-race event party we have discontinued the award ceremony in favor of rewarding the **TOP 50 MALE** finishers and the **TOP 50 FEMALE** finishers as they cross the finish line.



cincinnatihungerwalk.org

SPECIAL THANKS TO OUR PROMOTIONAL PARTNERS



Race steps off at THE BANKS at W. Pete Rose Way

RACE MAP AND DRIVING DIRECTIONS:

I-71 SOUTH: Follow I-71 S to E 3rd Street exit. Continue on E 3rd St. Turn south to stadium and public landing parking lots.
I-75 NORTH OR I-75 SOUTH: Take 2nd Street exit to stadium and public landing parking lots.
I-471 NORTH: Take exit 6A for US-50 S/ Columbia Pkwy toward I-71 S/I-75/Third St. Continue on E 3rd St. Turn south to stadium and public landing parking lots.
FROM THE PARKING LOTS: Walk to Underground Freedom Center. Race will step off from W Freedom Way. If lots are full utilize any number of parking facilities downtown and walk to event site.

2019 REGISTRATION HUNGER WALK & 5K RUN

Only one entry per form please.
 (FORM MAY BE COPIED)

REGISTRATION FEES

\$20 = Entry Fee \$ _____
 \$25 = Entry Fee with T-Shirt \$ _____
 Additional Contribution \$ _____
 TOTAL \$ _____

We only guarantee t-shirts to the first 1,000 participants who pick up their packets.
 All t-shirts are adult sizes S, M, L, XL, XXL.
 Preferred T-Shirt Size _____

PARTICIPANT INFORMATION

first name _____ last name _____
 street address _____
 city _____ state _____ zip _____
 cell phone (your time will be sent via text following the race) _____
 email _____
 date of birth _____ gender _____
 emergency contact phone _____

I would like my registration and donation to benefit this agency:
St. Leo Food Pantry

YES, Freestore Foodbank can share my contact information with the agency I am supporting today.

To identify an agency you'd like to help, please refer to the list at

cincinnatihungerwalk.org

Have questions?
 Please email hungerwalk@freestorefoodbank.org

ALL MAIL ENTRIES MUST BE RECEIVED BY
Thursday, May 23, 2019

MAKE CHECKS PAYABLE TO:
Freestore Foodbank Hunger Walk

MAIL TO:
Freestore Foodbank Hunger Walk
1141 Central Parkway
Cincinnati, Ohio 45202

WAIVER

In consideration of the acceptance of my registration fees and for being permitted to participate in this event, I hereby release, waive and discharge, on my own behalf and on behalf of my heirs, executors and assigns, Freestore Foodbank, its employees, volunteers, officials, sponsors or affiliated individuals, from any and all claims of any nature, including personal injury, arising from my participation in this event. I also hereby agree to abide by all rules for participation. I further consent to emergency treatment in the event of an injury or illness. I acknowledge that it is my responsibility to consult my physician prior to beginning an exercise program or otherwise engaging in strenuous physical exercise, I also understand the risks for such a run/walk and I am physically able and have trained adequately in preparation.

I hereby give permission for images of myself, captured during the event through video, photo, and digital camera, to be used solely for the purposes of Freestore Foodbank promotional material and publications, and waive any rights of compensation or ownership thereto.

signature _____
 parent or guardian signature (if under age 18) _____
 date _____

For the safety of all participants, inline skates and skateboards are not permitted on any part of the route during this event. Thank you for your cooperation.